



# Doncaster Council

27 September 2018

To the Chair and Members of the Health and Adult Social Care Overview and Scrutiny Panel

## MENTAL HEALTH

Relevant Member(s)	Cabinet	Wards Affected	Key Decision
Councillor Rachael Blake – Cabinet Member for Adult Social Care		All	None
Councillor Nuala Fennelly Cabinet Member for Children, Young People and Schools			

## EXECUTIVE SUMMARY

1. At the request of the Overview & Scrutiny Panel this report is intended to provide an overview of Mental Health Commissioning in Doncaster. The format of the report is principally in the form of a presentation with pertinent background contained to this report document.
2. The Panel has requested a focus on Mental Health for the current work year. Discussion will help identify more focused topic / themes for subsequent Panels in November 2018 and January 2019.

## EXEMPT REPORT

3. The report is not exempt.

## RECOMMENDATIONS

4. The Panel is asked to consider and comment on the information provided and identify Mental Health topics for future Panel discussion.

## WHAT DOES THIS MEAN FOR THE CITIZENS OF DONCASTER?

5. The Overview and Scrutiny function has the potential to impact upon all of the Council's key objectives by holding decision makers to account, reviewing performance and developing policy. The Overview and Scrutiny of health is an important part of the Government's commitment to place patients at the centre of health services. It is a fundamental way by which democratically elected community leaders may voice the views of their constituents and require local NHS bodies to listen and respond. In this way, Local Authorities can assist to reduce health inequalities and promote and support health improvement. The Health and Adult Social Care Overview and Scrutiny Panel have been designated as having responsibility of carrying out the health scrutiny function.

## BACKGROUND

6. The NHS Five Year Forward View for Mental Health (Section 20 of this document) consolidates national mental health policy into a cohesive investment and development package aimed at raising Mental Health awareness, reducing stigma and recognising holistic physical and mental needs of people accessing the healthcare system. The document sets out the case for change and principles that should drive service development to overcome the poor parity in mental health investment compared with physical healthcare.
7. The Five Year Forward View was developed further into a clear themed program to provide clarity of expectation to commissioners and Mental Health Providers alongside outcome objectives underpinning each initiative. Local interpretation is still required in order to align development with local structures and local determination of needs but the national overarching direction helps to consolidate evidenced based commissioning. The themed implementation guidance can be found within Section 20 of this document "Implementing the Five Year Forward View for Mental Health"
8. Five Year Forward View MH themes:
  - Children & Young Peoples Mental Health
  - Perinatal Mental Health
  - Adult Mental Health: common mental health problems
  - Adult Mental Health: community, acute and crisis care
  - Adult Mental Health: secure care pathway
  - Health and Justice
  - Suicide Prevention
  - Sustaining Transformation, including workforce
9. Poor mental health rarely travels alone. The impact of poor mental health on a person's physical health (and vice versa) can be dramatic. This is recognised by a focus of outcome approaches that don't just consider one aspect or another, but encourage a holistic approach to identification and treatment of need. This principle extends beyond poor healthcare and is increasing

reflected in the drive for joined up policy across education, employment, caring etc. The Doncaster Place Plan will further develop this approach.

10. Additional investment has been made available to support the Five Year Forward View. However this investment is often linked to sustainability drawn from savings within physical healthcare as a result of better mental health management e.g. less use of medicines or attendance at A&E. Realising improved patient outcome is therefore crucial to demonstrating the case for continued mental health investment.
11. The presentation can be found within Appendix A. This presentation details the local development progress against each themed area.

### OPTIONS CONSIDERED

12. There are no specific options to consider within this report as it provides an opportunity for the Committee to receive an update on Mental Health and agree themes to consider as part of the 2018/19 work plan.

### REASONS FOR RECOMMENDED OPTION

13. This report provides the Panel with an opportunity to understand the policy focus and impact on local service improvement.

### IMPACT ON COUNCIL'S KEY OBJECTIVES

14.

	Outcomes	Implications
1.	<p><b>Doncaster Working:</b> Our vision is for more people to be able to pursue their ambitions through work that gives them and Doncaster a brighter and prosperous future;</p> <ul style="list-style-type: none"> <li>• Better access to good fulfilling work</li> <li>• Doncaster businesses are supported to flourish</li> <li>• Inward Investment</li> </ul>	<p>It is recognised that employment can be a valuable element of a person's recovery. Nationally there is an ambition to double the number of people accessing individual placement employment support. South Yorkshire &amp; Bassetlaw ICS have identified this as a priority area for people with a Severe Mental Illness; bid windows for additional investment are expected shortly. This will require the support of local employers.</p> <p>At a lower level, a current Department of Work &amp; Pensions funded initiative operates within the Sheffield City Region to support people to return to employment following a period of anxiety or depression. Low level psychological support linked with employment</p>

		<p>support aims to allow people to fulfil their ambition. Evaluation is expected during 2019.</p> <p>As part of the Children and Young People's plan, there is a focus on raising the aspirations of our local children and young people.</p> <p>We intend to achieve this by ensuring that all children attend a good or better setting, have access to work experience opportunities and aspirations are raised to ensure they reach their full potential and have the best outcomes possible in their adult life.</p>
2.	<p><b>Doncaster Living:</b> Our vision is for Doncaster's people to live in a borough that is vibrant and full of opportunity, where people enjoy spending time;</p> <ul style="list-style-type: none"> <li>• The town centres are the beating heart of Doncaster</li> <li>• More people can live in a good quality, affordable home</li> <li>• Healthy and Vibrant Communities through Physical Activity and Sport</li> <li>• Everyone takes responsibility for keeping Doncaster Clean</li> <li>• Building on our cultural, artistic and sporting heritage</li> </ul>	<p>Mental Wellness is a key enabler for people to fulfil their ambition and explore their potential. We aim to improve accessibility and resilience of mental health services operating across a broad spectrum of settings from prevention and community through to inpatient care.</p>
3.	<p><b>Doncaster Learning:</b> Our vision is for learning that prepares all children, young people and adults for a life that is fulfilling;</p> <ul style="list-style-type: none"> <li>• Every child has life-changing learning experiences within and beyond school</li> <li>• Many more great teachers work in Doncaster Schools that are good or better</li> <li>• Learning in Doncaster prepares young people for the world of</li> </ul>	<p>In Doncaster we aspire to close the gaps between vulnerable and non-vulnerable groups to ensure that Children and Younger people have equity of access to learning and subsequent post-education opportunities.</p> <p>We must do this by ensuring that Children in Care and Care leavers are supported in the school system through better advice and guidance, better tracking, improved</p>

	<p>work</p>	<p>advocacy programmes and workforce development and that all children have access to an educational setting, which is appropriate to their needs, including those with SEND and social, emotional and behavioural difficulties.</p> <p>By addressing these gaps via school mental health champions, school mental health support teams and the implementation of the THRIVE consultation and advice model, we are providing Doncaster's children and younger people with opportunities which address the risk factors known to contribute to poor mental health for example; socioeconomic status, employment status and emotional resilience.</p>
<p>4.</p>	<p><b>Doncaster Caring:</b> Our vision is for a borough that cares together for its most vulnerable residents;</p> <ul style="list-style-type: none"> <li>• Children have the best start in life</li> <li>• Vulnerable families and individuals have support from someone they trust</li> <li>• Older people can live well and independently in their own homes</li> </ul>	<p>Community Led Support is a crucial element to sustaining recovery and wellness for people with a mental health condition. A key MH development workstream will focus on better integration of statutory services with Voluntary Community &amp; Faith provision, with emphasis on further development of the VCF offer.</p> <p>More generally, our development will continue to extend the reach of mental health services with a more holistic focus on a person's health and wellbeing. Typically this will involve a more integrated mental, physical and social care offer. This will include more service co-location and identification of unmet needs including people who may not access services or present in a non-conventional manner.</p> <p>Through the work of the children's front door, there is an integrated</p>

		<p>response to ensure that children, younger people and their families receive the right support at the right time with a view to only having to tell their story once.</p> <p>The Perinatal service which will be commissioned to cover the ICS footprint will provide support to expectant/new parents in order to ensure that each child/family has the best possible start in life. This also dovetails with the 1001 days workstream.</p>
5.	<p><b>Connected Council:</b></p> <ul style="list-style-type: none"> <li>• A modern, efficient and flexible workforce</li> <li>• Modern, accessible customer interactions</li> <li>• Operating within our resources and delivering value for money</li> <li>• A co-ordinated, whole person, whole life focus on the needs and aspirations of residents</li> <li>• Building community resilience and self-reliance by connecting community assets and strengths</li> <li>• Working with our partners and residents to provide effective leadership and governance</li> </ul>	<p>Doncaster CCG and Doncaster Borough Council are developing single Lifestage commissioning plans to reflect the better working together opportunity.</p>

## RISKS AND ASSUMPTIONS

15. There are no specific risks relating to this report.

## LEGAL IMPLICATIONS (SRF 11.9.18)

16. There are no specific legal implications arising from this report, however there may be a need for specific legal advice across a range of disciplines in relation to any issues raised.

## FINANCIAL IMPLICATIONS (PW 12/09/18)

17. This report presents a five year Mental Health commissioning approach and as such will have longer term financial implications for LO-CYP, AHWb, the CCG and other partners. The changes proposed or arising from the measures outlined in the report will need to be considered and reported on as appropriate in due course.

## **HUMAN RESOURCES IMPLICATIONS (SB 10.09.18)**

18. There are no HR implications associated to this particular report.

## **TECHNOLOGY IMPLICATIONS (PW 12.09.18)**

19. There are no technology implications in relation to this report.

## **HEALTH IMPLICATIONS (HC 05/09/18)**

20. The approach to mental health improvement should improve and protect health and reduce inequalities.
21. Decision makers will want to be aware of impact of the new approach, and how measuring improvements could be strengthened, therefore ongoing impact monitoring is recommended.

## **EQUALITY IMPLICATIONS (SE 10.09.18)**

22. Equality Implications

The aim of the Five Year Forward View for Mental Health is to improve parity of esteem for mental health services. This is broad ranging in its approach but fundamentally recognises an inequity between investment in mental health against physical healthcare and how this contributes to the relatively poor health outcomes for a person living with a severe mental health illness. Our focus is to raise awareness of mental wellbeing and reduce stigma associated with a mental health diagnosis. Development initiatives target a broad spectrum of services from low level intervention aimed at supporting people to fulfil their potential through to improvement within crisis services to ensure timely and appropriate response for people when they can be at their most vulnerable.

## **CONSULTATION**

23. Not applicable.

## **BACKGROUND PAPERS**

24. NHS Five Year Forward View for Mental Health:

[www.england.nhs.uk/wp-content/uploads/2016/02/Mental-Health-Taskforce-FYFV-final.pdf](http://www.england.nhs.uk/wp-content/uploads/2016/02/Mental-Health-Taskforce-FYFV-final.pdf)

NHS Implementing the Five Year Forward View for Mental Health:

[www.england.nhs.uk/wp-content/uploads/2016/07/fyfv-mh.pdf](http://www.england.nhs.uk/wp-content/uploads/2016/07/fyfv-mh.pdf)

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